



SHINE! - Global 24 hours of Prayer and Worship

CHILDREN'S PRAYER GUIDE

13TH JANUARY 2026

Prayer Points for the Children & Young People of Pakistan

1. Faith Rooted in Christ

Pray that the 92 million children across Pakistan would encounter Jesus personally, grow deep roots in God's Word, and stand firm in their faith with courage, wisdom, and grace especially in environments where following Christ brings pressure or fear.

"So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him."
Colossians 2:6-7

2. Freedom from Bonded Labor and Exploitation

Pray for the 3.3 million children trapped in brick kilns, factories, domestic labor, and generational debt. Ask God to break chains of bonded slavery, open doors of justice, and restore dignity, freedom, and hope.

"The Lord sets prisoners free." Psalm 146:7

3. Access to Quality Education

Pray that doors would open for quality, safe, and affordable education especially for the estimated 22.8 million marginalized and minority children. Pray for awareness among parents, provision of resources, and committed teachers who nurture both mind and character.

"The fear of the Lord is the beginning of knowledge." Proverbs 1:7

4. Protection from Abuse and Early Marriage

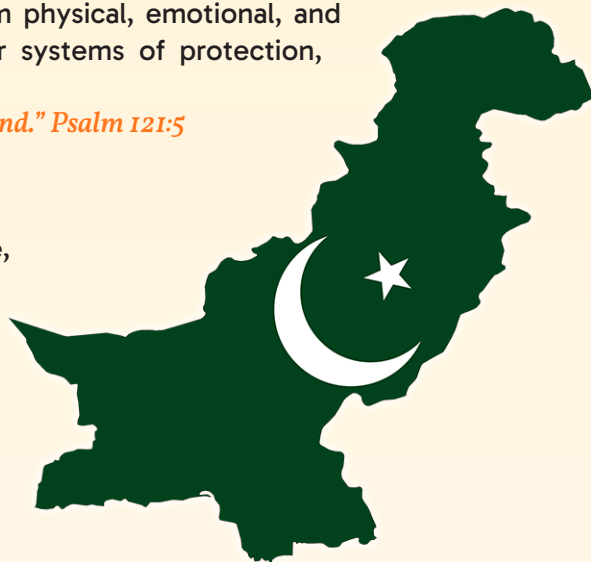
Pray for God's protection over children, especially girls, from physical, emotional, and sexual abuse, child marriage, and neglect. Ask for stronger systems of protection, justice, and compassionate intervention.

"The Lord watches over you—the Lord is your shade at your right hand." Psalm 121:5

5. Healing from Trauma and Emotional Pain

Many children carry silent trauma caused by poverty, violence, family breakdown, discrimination, and disasters. Pray that Jesus, the Healer, would restore wounded hearts and bring peace where fear and anxiety rule.

"He heals the brokenhearted and binds up their wounds." Psalm 147:3





6. Health, Nutrition, and Well-Being

Pray against malnutrition, disease, and preventable illnesses. This affects half of Pakistani children aged under five years. Ask God to provide access to clean water, healthcare, vaccinations, and proper nutrition so children may grow strong in body and mind.

"Dear friend, I pray that you may enjoy good health and that all may go well with you." 3 John 1:2

7. Strong Families and Loving Homes

Pray for healthy families, reconciliation in broken homes, and God's comfort for fatherless and orphaned children. Ask that children experience God as their loving Father and find safety, care, and belonging.

"A father to the fatherless, a defender of widows, is God in his holy dwelling." Psalm 68:5

8. Godly Role Models and Mentors

Pray for teachers, pastors, Sunday school workers, coaches, and caregivers who reflect Christ's love. Ask God to raise mentors who guide children with patience, wisdom, and integrity.

"Set an example for the believers in speech, in conduct, in love, in faith and in purity." 1 Timothy 4:12

9. Identity, Dignity, and Confidence

Pray that children would know who they are in Christ created in God's image, deeply loved, and chosen. Pray against fear, shame, discrimination, and labels that damage self-worth.

"I praise you because I am fearfully and wonderfully made." Psalm 139:14

10. Hopeful Futures and Godly Leadership

Pray that today's children would become tomorrow's leaders, peacemakers, and servants of God men and women who shine as light in Pakistan and live lives that glorify Christ.

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." Matthew 5:16

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2 BILLION CHILDREN